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## The Bible Cure for PMS and Mood Swings (Paperback)

By Don Colbert

Siloam Press, United States, 2001. Paperback. Book Condition: New. 160 x 97 mm. Language: English . Brand New Book. Shatter the myths and lies about PMS and start believing the truth as you discover how your body works. In this concise, easy-to-read booklet, you ll find a wealth of usable information to help you win the battle over PMS once and for all! Learn biblical secrets on health and the latest medical research on how to break free from PMS symptoms. This book contains findings that your doctor may never have shared with you. The balancing act between hormones Intricate journey from girl to woman Nutrition and supplement helps for those days Keep a merry heart and laugh You want to be healthy. God wants you to be healthy. Now at last here s a source of information that will help you get healthy-body, mind and spirit. About the author: Dr. Don Colbert is a board-certified family practice medical doctor who specializes in nutritional medicine, treating over 17,000 patients. Since 1984, Dr. Colbert has helped thousands of patients regain good health and live pain free after years of suffering. A graduate of Oral Roberts School of Medicine, he has received...



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