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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. Salad of the Week: 28 Perfectly Delicious Savory Salads for Healthy Eating and Weight Loss Are you tired of eating the same old salad every day for lunch or dinner in order to lose weight? Did you stop your weight loss program because you were just tired of not eating enough to feel full or not eating meals...

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- Authored by Nadene Rudolph
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