



Old Age and How to Survive it

By Edward Enfield

Summersdale Publishers. Hardback. Book Condition: new. BRAND NEW, Old Age and How to Survive it, Edward Enfield, Cicero remarked that old age is a strange business. No one wants to miss it, he said, and everyone complains about it when they get there. Not I, though. Old age comes to us all, and Enfield wittily advises on how to survive its trickier obstacles, not least the people who suggest you must 'do something'. One of the great delights of the golden years is doing less - from giving up DIY and ambition to not inviting people to dinner. In these elegantly entertaining essays, Enfield guides those entering their finer years on how to make the most of old age.



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