



## Astrology, Psychology and the Four Elements: An Energy Approach to Astrology and Its Use in the Counseling Arts

By Stephen Arroyo

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2012. Softcover. Book Condition: New. First Edition. This recognized classic of modern astrology is truly a pioneering book. It established a new science of astrological psychology. It presents a language of energy that has enabled astrology to be widely and reliably used in the helping professions as well as by the general public. As Library Journal stated, "Transcending the boundaries of separate disciplines, this work represents a major distillation of astrological principles." This book relates astrology to modern psychology and explains the use of astrology as a practical method of understanding one's attunement to universal forces. It clearly shows how to approach astrology with a real understanding of the energies involved. Part I of the book explains how astrology can be the most valuable psychological tool for understanding oneself and others. Analyzing the scientific, philosophical, and intuitive dimensions of astrology, it is oriented toward the layman with no astrological knowledge, astrology students and professionals, and those engaged in any form of the counseling arts. Part II deals specifically with the interpretation and practical application of astrological factors based on the actual energies involved (air, fire, water & earth). It presents a dynamic...



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