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Without Regret: Be More, See More, Achieve More That Really Matters

By J. Michael Godfrey

Thomas Noble Books. Paperback. Book Condition: New. Paperback. 182 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Did You Miss Out on What You Really Wanted While You Were Busy Just Surviving? Do you ever feel a quiet sadness or disappointment over lost opportunities, superficial relationships, missed moments with friends and family, or things you've said or done that's regret. It can sap your energy, poison your future, and harm those you treasure. Without Regret offers you the opportunity to change the course of your life by eliminating your past regret and avoiding any regret in the future. Read it and learn to achieve what you want without sacrificing your loved ones, your integrity, or your health. Author J. Michael Godfrey offers compelling stories, step-by-step techniques, and clear guidance to help you eliminate the regret you feel about your past choices and then to live your life in a way that you no longer have to regret anything. Honest and empowering, Without Regret is a book you'll cherish because it made a lasting positive impact on your life. Without Regret tackles many issues common to our times: productivity, communication, burnout, sabotage, and how to live a life you design instead of a life...



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