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## Going Raw: An In-Depth Analysis of 8 Different Raw Vegan Recipes That Will Convince You That the Raw Vegan Lifestyle Is the Best Way to Go (Paperback)

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By Leanne Wiese, John Mayo

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever wanted to simplify your diet, feel better in your own skin, lose weight and eat the cleanest food possible? This informative and concise book will show you why adopting the raw vegan lifestyle can completely change your life and the way you think about food \*\*\* NOW FOR A LOW PRICE. This deal won't last forever \*\*\* As an avid vegan and raw diet enthusiast, I would like to share my knowledge and my lifestyle with you. I wasn't always a vegan, in fact, I'm ashamed to say, there was a time in my life where ribs were my favourite food. As I got older and started making my own decisions, I realized that I wanted to try the raw vegan diet and it completely changed my life. The way my body feels on a regular basis is totally unbelievable. I feel more fit, healthy and physically capable. This book features some of my all-time favourite raw vegan recipes. I guarantee you will love every...



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