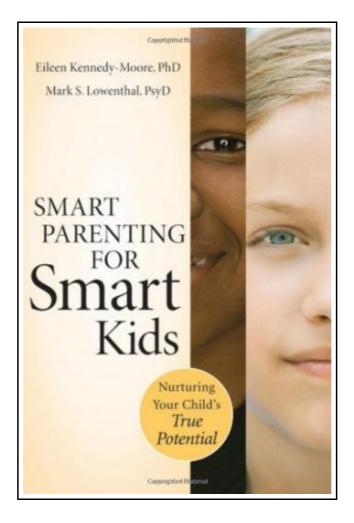
Smart Parenting for Smart Kids: Nurturing Your Childs True Potential



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Reviews

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SMART PARENTING FOR SMART KIDS: NURTURING YOUR CHILDS TRUE POTENTIAL



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Jossey Bass Wiley. Paperback. Book Condition: New. Paperback. 320 pages. Dimensions: 8.9in. x 5.9in. x 0.9in.My kid is smart, but. . . It takes more than school smarts to create a fulfilling life. In fact, many bright children face special challenges: Some are driven by perfectionism; Some are afraid of effort, because theyre used to instant success; Some routinely butt heads with authority figures; Some struggle to get along with their peers; Some are outwardly successful but just dont feel good about themselves. This practical and compassionate book explains the reasons behind these struggles and offers parents do-able strategies to help children cope with feelings, embrace learning, and build satisfying relationships. Drawing from research as well as the authors clinical experience, it focuses on the essential skills children need to make the most of their abilities and become capable, confident, and caring people. Q and A with Co-Author Eileen Kennedy-Moore, PhD Co-Author Eileen Kennedy-Moore, PhD Why did you write a book about smart kids Its ironic that the children (and adults) who are most frightened about not being good enough are often the most capable. These children may become extremely anxious before tests--even though theyre very competent academically. They may spend way too much time on assignments or refuse to do anything where they arent instantly successful. They may also pick apart their social performance--I shouldnt have said that. Shell be mad at me. To the outside world, these kids may seem confident, but their parents often see the other side: their stress, suffering, and even emotional meltdowns. The world tells bright children that their performance matters; they need us, their parents, to tell them that they are much more than the sum of their accomplishments. They need to know that we love them for their kindness, curiosity, imagination, determination, and sense of...



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