



# Heal and Forgive II: The Journey from Abuse and Estrangement to Reconciliation (Paperback)

By Nancy Richards

Blue Dolphin Publishing, United States, 2008. Paperback. Book Condition: New. 198 x 122 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Heal and Forgive II The Journey from Abuse and Estrangement to Reconciliation Nancy Richards Anyone who has heard the devastating words, I never want to see you again! from a parent, sibling, or child, knows the torment of family exile. All one needs to do is search the web for sites dealing with family estrangement to find endless choices for the countless individuals seeking help with family cut-offs. Google lists 776,000. Yahoo lists 890,000! Although there are no formal statistics for family estrangement, the numbers available are alarming. From celebrities to friends, co-workers, and neighbors, we find people everywhere dealing with the effects of family rifts. After a painful fourteen-year estrangement, author Nancy Richards and her family reunited. Heal and Forgive II: The Journey from Abuse and Estrangement to Reconciliation presents a first-hand description of the long journey towards healing and offers a blueprint for coming to terms with the past. Reconciliation can bring joy, excitement and a sense of awe like that of a miracle. At the same time, reunions can be frightening, stressful, fragile,...



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